

a work, and gives the information clearly and to the point. We can confidently recommend it to Nurses who desire to obtain some further knowledge of a most important subject than is given in usual Hospital Lectures.

"ELEMENTARY Anatomy," by Mr. Henry E. Clark. (Blackie & Son.) This, like the preceding, is designed as an introduction to the science of anatomy, for the use of junior students of medicine, and it should therefore be very valuable to Nurses who do not desire nor need to obtain an extensive knowledge of the subject. It is well and clearly written, and the descriptions, aided by a useful glossary, are so plain, that the beginner will be able to understand them, and follow the teaching with interest and appreciation.

"KELLY'S London Medical Directory."—This is the seventh issue of this publication, and it has considerably increased in size, not only owing to the number of new names which have been inserted in its columns, but also to the constant addition of fresh societies, publications and institutions. We regret to observe that the Registered Nurses' Society of 269, Regent Street, W., has been omitted from the list of Nursing Institutions, and hope that so important an oversight will be corrected in future editions. Generally speaking the information is clear and condensed, and the work altogether is characterised by the carefulness and accuracy for which the publishers are so well known.

Inventions, Preparations, &c.

CEREBOS SALT.

THIS is an article which has been recently introduced by the Cerebos Salt Company, Limited, of Newcastle-upon-Tyne. It claims, and apparently with justice, to be a valuable article of nutrition, as containing a considerable quantity of the mixed phosphates; and its use is therefore advocated as a valuable bone, brain, and nerve nourisher. There can be no doubt as to the theory of the use of phosphates being correct, and in practice everyone is aware of the advantage which is derived from the administration of articles of diet or medicine containing these salts. The Cerebos Salt is very palatable, and taken with the food in the place of ordinary table salt, it should prove to be a very valuable addition to the diet, especially in the case of those suffering from brain or nerve exhaustion.

SANITAS COMPOUNDS.

IT might appear to be almost unnecessary to say anything concerning these well-known preparations. But it is unfortunately the case that their full value and usefulness are not yet completely understood by Nurses. The Sanitas oil has proved to be most valuable in the treatment of lung and throat diseases, when evaporated and inhaled from the surface of boiling water. It is now thoroughly understood that many cases of bronchitis, and most cases of phthisis depend upon bacterial agencies. We are informed by a distinguished physician and specialist that he has obtained excellent results in the treatment of consumption and chronic bronchitis by making his patients inhale Sanitas vapour from suitably formed respirators and kettles. For this purpose, in private practice the Sanitas fumigator or inhaler can be used with great advantage. The Sanitas oil is also most valuable as a disinfectant both of the air and the furniture of rooms occupied by infectious cases. Some of the oil in a cup of boiling water is sufficient to deodorise the air of the sick room after it has been tainted by dressing a wound, or in other ways—a practical point which private Nurses may note with advantage. We have already, in these pages, alluded to the great benefits of the Sanitas disinfecting fluid and patent disinfectant, and can only advise all of our readers, whether engaged in Hospital work or in private houses, to remember that these preparations are not only invaluable as disinfectants, but are perfectly free from poisonous qualities—a point which is far too often overlooked in the selection of antiseptic preparations.

APPARATUS FOR INVALIDS.

AMONGST the many valuable forms manufactured by Messrs. John Weiss and Sons, of 287, Oxford Street, W., for the treatment of deformity, or as requisites for invalids and Nurses, our attention has been specially drawn to the pen-holders and pads for writer's cramp, by means of which the strain on the tendons and the muscles of the hand is obviated, and which, therefore, should prove most valuable to any sufferers from this complaint. The bed pan, patented by Chester, which is made of japanned tin with a hinge top—that can be raised—for holding in position a square of water-proof paper, is a very valuable invention, as it renders the cleansing of the apparatus an easy matter for the attendant and obviates all danger of infection. The prices are very moderate, and those of our readers who desire further particulars could doubtless obtain Messrs. Weiss' catalogue by writing to the firm.

[previous page](#)

[next page](#)